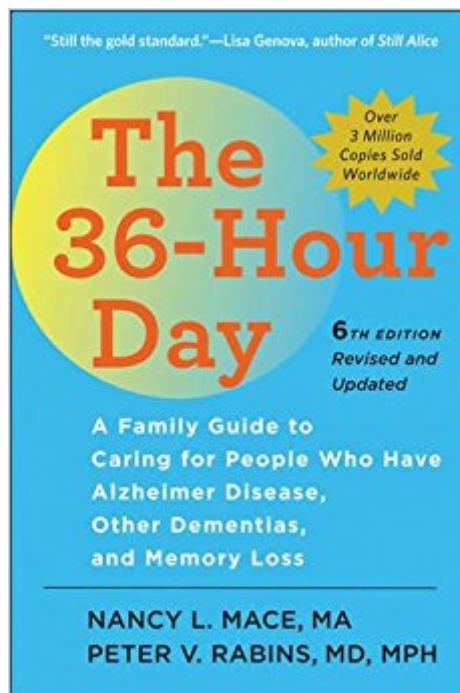




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The 36-Hour Day, Sixth Edition, Large Print: The 36-Hour Day: A Family Guide To Caring For People Who Have Alzheimer Disease, Other Dementias, And Memory Loss (A Johns Hopkins Press Health Book)



Synopsis

Through five editions, *The 36-Hour Day* has been the "bible" for families who love and care for people with Alzheimer disease. This book offers much-needed information and support to millions of people throughout the world. Whether a person has Alzheimer disease, vascular dementia, or another form of dementia, he or she will struggle with independent living and most likely face medical, behavioral, mood, and legal and financial problems. This essential resource will help family members and caregivers address all of these challenges and simultaneously cope with their own emotions and needs. Thoroughly revised and updated, this sixth edition features easy-to-see take-away messages about every aspect of caregiving. Informed by new research into the causes of dementia and the search for therapies to prevent or cure dementia, this edition also includes new and expanded information on:

- what we know about how to prevent dementia and the diseases that cause dementia;
- new high-tech and low-tech devices to make life simpler and safer for people who have dementia;
- behavioral and neuropsychiatric symptoms;
- strategies for delaying symptoms in a person who has dementia;
- changes in Medicare and other health care insurance laws;
- changes in banking practices with regard to competency;
- palliative care, hospice care, durable power of attorney, and guardianship;
- Continuing Care at Home programs;
- Parkinson's related dementia;
- dementia due to traumatic brain injury;
- choosing and moving a person to residential care; and
- support groups for caregivers, friends, and family members.

The central idea underlying the book—that much can be done to improve the lives of people with dementia and of those caring for them—remains the same. Still very much the book readers turn to, this fresh edition of *The 36-Hour Day* is the definitive guide for those who continue to love someone even after he or she has been changed by dementia.

Book Information

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Customer Reviews

"For a reader who wants a book about Alzheimer's and caregiving, this is still the one to buy. Recommended." (Choice)

"Both a guide and a legend." (Chicago Tribune)"The best guide of its kind." (Chicago Sun-Times)"Excellent guidance and clear information of a kind that the family needs... The authors offer the realistic advice that sometimes it is better to concede the patient's frailties than to try to do something about them, and that a compassionate sense of humor often helps." (New York Times)"An excellent book for families who are caring for persons with dementia... A book that physicians can confidently recommend to the families of their patients." (Journal of the American Medical Association)"An admirably realistic guide to caring for people with Alzheimer's." (New York Review of Books)"An excellent, practical manual for families and professionals involved in the care of persons with progressive illnesses... The book is specific and thought-provoking, and it will be helpful to anyone even remotely involved with an 'impaired' person... Highly recommended, especially for public and nursing libraries." (Library Journal)"Continues to be the 'bible' of recommendation for any caregiver whose family member suffers from dementia." (Bookwatch)"Recommended to all caregivers and families of persons with dementia as an indispensable source of valuable information on a very wide range of topics." (Case Management Journals)"An excellent guide with general information for family caregivers of persons with dementia... The text is person focused and describes the complexity and depth of the care required not only for persons with Alzheimer's disease and other forms of dementia but also for caregivers." (Activities, Adaptation and Aging)

very helpful in working through this time with my family. The good provides insight and helps you navigate the path ahead

Anyone needing guidance while struggling to understand someone going through Alzheimer's or dementia should read this book! I highly recommend it.

A great reference book for anyone dealing with Alzheimer's.

Very helpful book on helping those of us with little experience with Alzheimer's, understand how to deal with our loved ones who are afflicted with it. I highly recommend this book to anyone who has a family member or close friend with Alzheimer's.

Although I have not completely read the book, I have found it very useful in understanding certain situations. I care for someone with alzheimers and everyday brings something new. Imhave used this book to look up the symptoms and the explanation.

Valuable resource book...for dealing with loved ones with Alzheimers/Dementia.

Lots of information that is really common sense. Most the recommendations are "talk to your doctor" which is a no brainer.

The book provides a good insight on "failing" memories and ways to deal with the situation.

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